

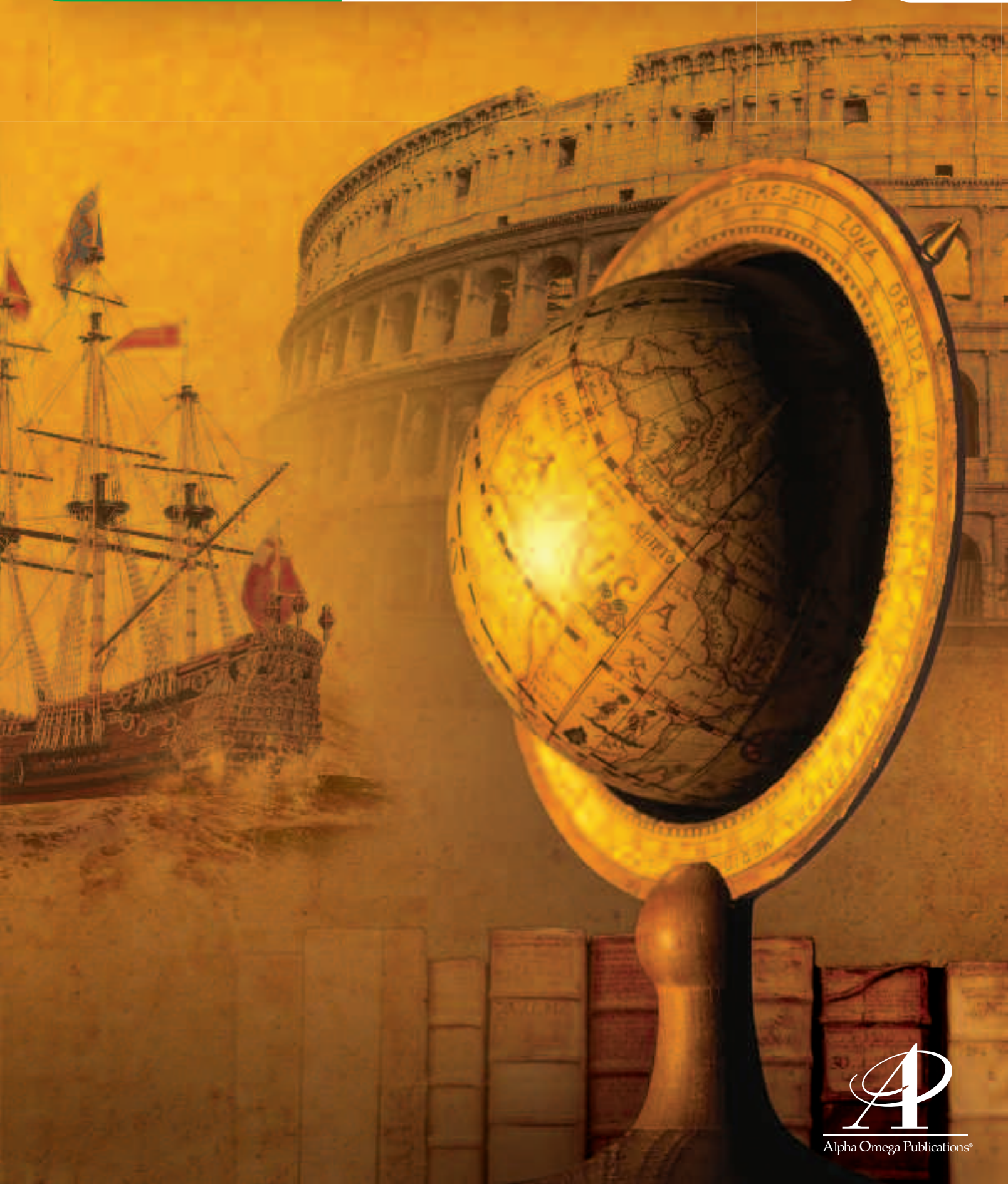


LIFE·PAC®

# History & Geography

Student Book

Grade 3  
Unit 3



Alpha Omega Publications®



# History & Geography 808

## Mid-Atlantic States

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## Credits

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My name is Benny and this is Bella. We're going to help you learn about the history and geography of the United States.



When you see a picture of us or one of our many friends, you'll know it's time to complete an exercise on what you've learned.

Learning is  
an adventure  
so let's get started!





This study guide belongs to: (write your name here)

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# MID-ATLANTIC STATES

New York, Pennsylvania, New Jersey, Delaware, Maryland, and Washington, D.C.

In this **LIFEPAC** you will study the Mid-Atlantic region of the United States. As you look at the map below, you will see the area of the Mid-Atlantic states in pink. The Mid-Atlantic states are located on the east coast of the United States. The country of Canada is north of these states. The Atlantic Ocean is to the east. The states of New York, Pennsylvania, New Jersey, Maryland, and Delaware make up the area along with the United States' capital, Washington, D.C.







## READ THESE UNIT OBJECTIVES.

The objectives tell you what you should be able to do when you have successfully completed this **LIFEPAC**.



When you have finished this **LIFEPAC**, you should be able to:

1. Locate the Mid-Atlantic states.
2. Describe the geography of the Mid-Atlantic states.
3. List natural resources found in the Mid-Atlantic states.
4. State the types of businesses and employers found in the Mid-Atlantic region.
5. Identify some of the Mid-Atlantic settlers.
6. Recognize the importance of government in the United States.
7. Identify the pastimes of the people living in the Mid-Atlantic states.

## STUDY THESE NEW WORDS.



Learning the meaning of these words is a good study habit and will improve your understanding of this **LIFEPAC**.

**abundance** (ə-bŭn'dəns) A large amount of something.

**allegiance** (ə-lē'jəns) Loyalty and obedience to a group or country.

**constitution** (kŏn'stĭ-tōō'shən, -tyōō'-) A document describing the basic rules and laws of a government.

**contiguous** (kən-tĭg'yōō-əs) Sharing a border, touching.

**democracy** (dĭ-mŏk'rə-sē) Government elected by the people.

**denomination** (dĭ-nŏm'ə-nā'shən) A church religious group.

**fertile** (fŭr'tl) Able to grow crops and other plants.

**immigrant** (im'ĭ-grənt) A person who moves to another country.

**manufacture** (măn'yə-făk'chər) Process of making goods or products.

**migratory** (mĭ'grə-tŏr'ē, -tŏr'ē) Moving from one place to another.

**observation** (ŏb'zər-vā'shən) To look at or watch.

**preserve** (prĭ-zŭrv') To keep safe from harm or danger.



## Vocabulary continued.

**ratify** (răt'ə-fi') To approve.

**transition** (trăn-zîsh'ən, -sîsh'-) A change or movement.

These words will appear in **boldface** (thicker print) the first time they are used.



### PRONUNCIATION KEY:

hăt, āge, cāre, fār, lět, ēqual, ït, ïce,

/û/ as in term and squirm, hôt, ôpen, ôrder, /oi/ as in oil,

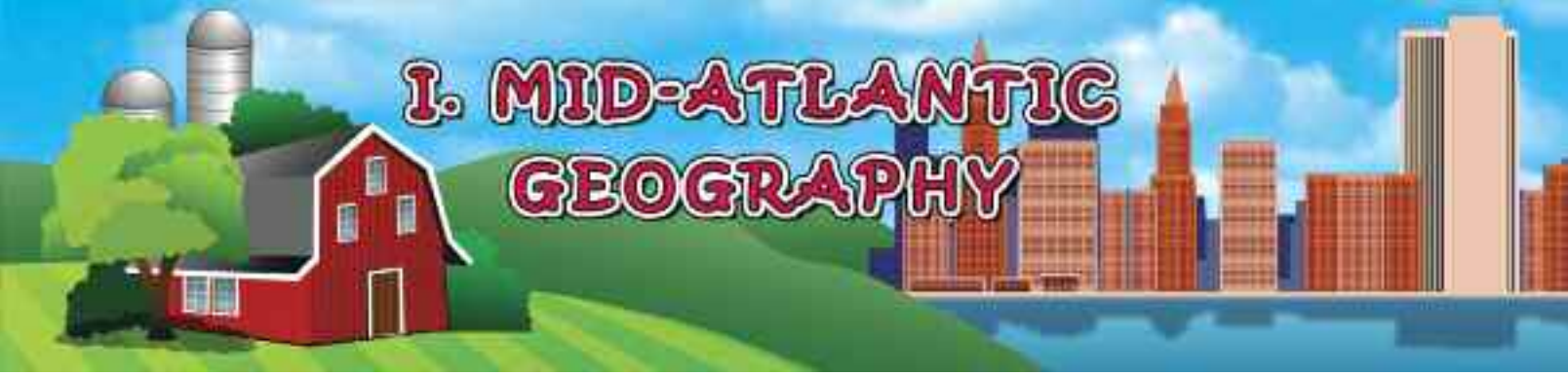
/ou/ as in out, cŭp, /ôo/ as in put, /ôô/ as in rule,

/ch/ as in child, /ng/ as in lông,

/th/ as in thĭn, /th/ as in thĕn, /zh/ as in measure,

/ə/ represents /a/ in about, /e/ in taken, /i/ in pencil,

/o/ in lemon, and /u/ in circus



# I. MID-ATLANTIC GEOGRAPHY

You will begin this **LIFEPAC** by studying the geography of the Mid-Atlantic states. You will learn the names of some of the Mid-Atlantic's land features. You will also learn the names of the Mid-Atlantic's major cities. The Mid-Atlantic's location impacts the types of food people grow, the places they live, and the activities they do.

## Section Objectives

Review these objectives. When you have completed this section, you should be able to:

1. Locate the Mid-Atlantic states.
2. Describe the geography of the Mid-Atlantic states.

## Restudy these vocabulary words:

abundance  
contiguous  
fertile  
preserve



Ask your teacher to say these words with you.

Teacher check

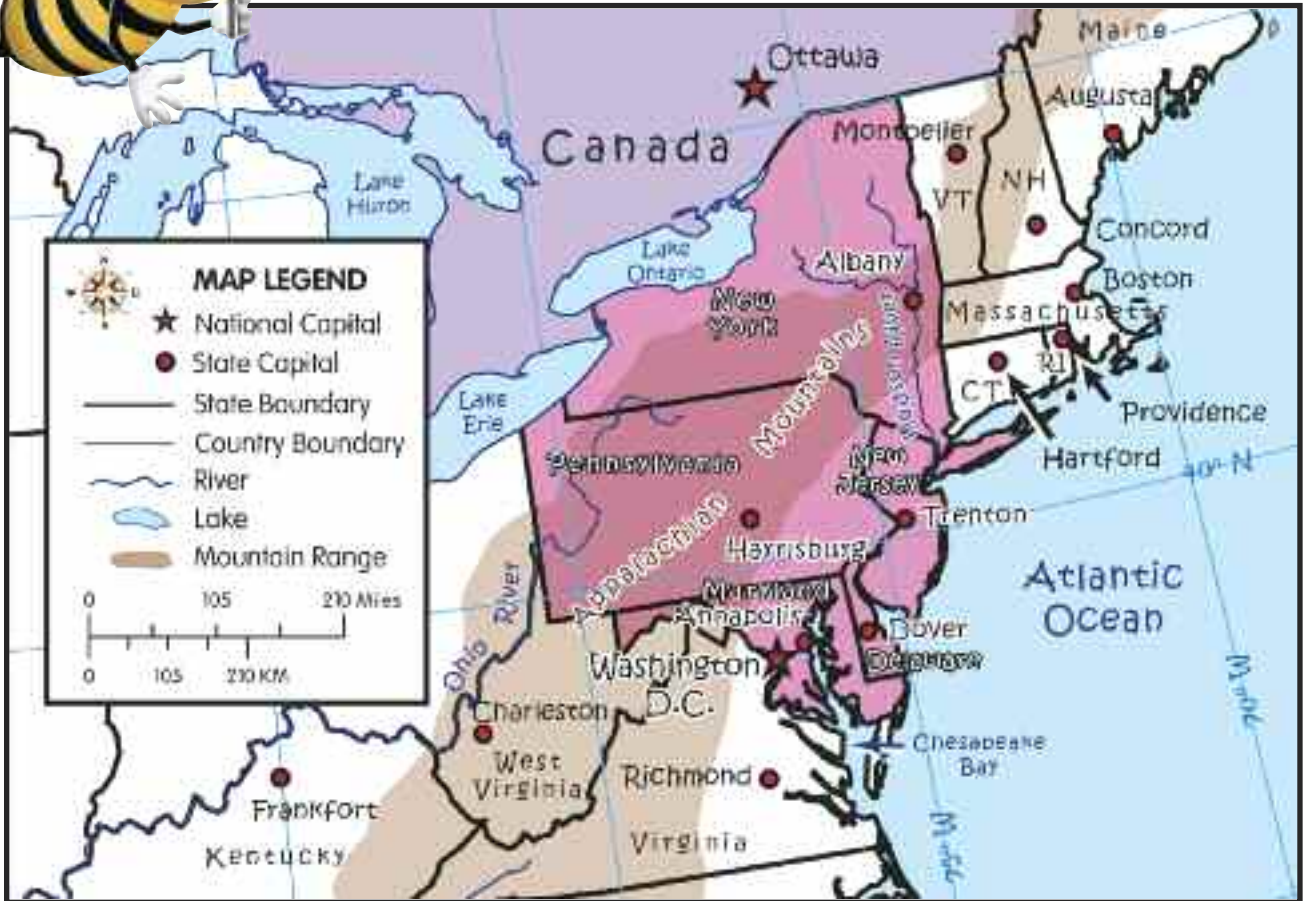
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# STATES IN THE MID-ATLANTIC

Before you study the Mid-Atlantic states, look at the map below. The map will introduce you to the Mid-Atlantic area.



Answer the questions based on the map.



1.1 What states make up the Mid-Atlantic states?

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1.2 The United States' capital city is also in this region. What is its name? \_\_\_\_\_



## Fill in the Blank continued.

1.3 What ocean is located to the east of New Jersey?

---

1.4 What states are east of Pennsylvania? \_\_\_\_\_

---

1.5 List the state capitals of the following states:

a. New York \_\_\_\_\_

b. Pennsylvania \_\_\_\_\_

c. New Jersey \_\_\_\_\_

d. Maryland \_\_\_\_\_

e. Delaware \_\_\_\_\_

1.6 What bay divides the state of Maryland?

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1.7 What mountains are located in the states of New York, Pennsylvania, and Maryland? \_\_\_\_\_

1.8 What river runs through New York?

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1.9 Which states are south of Maryland?

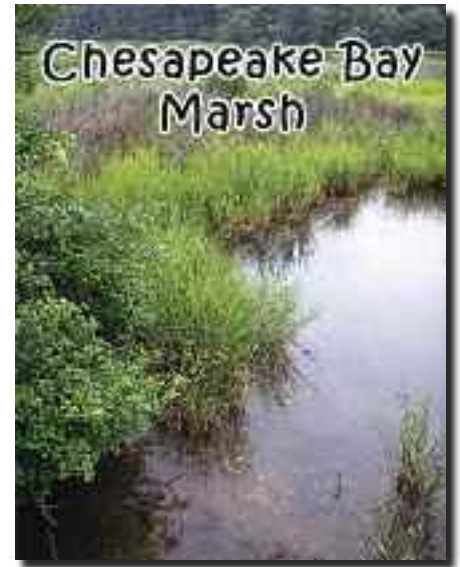
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1.10 What two Great Lakes are parts of this region?

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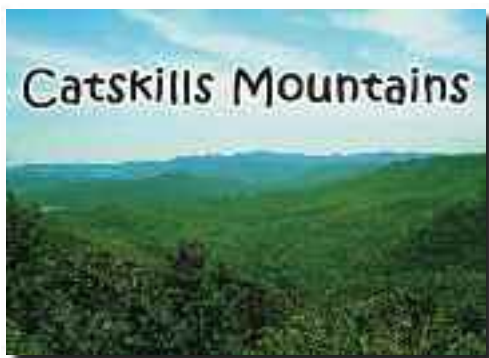
## GEOGRAPHICAL FEATURES

The Mid-Atlantic area has three main geographical regions. The Atlantic Coastal Plains make up the area closest to the Atlantic Ocean. All of Delaware along with much of New Jersey and Maryland are part of the coastal plains. This area serves as a transition between the ocean and the land. The coastal plains are swampy and sandy. The land is not good for farming.

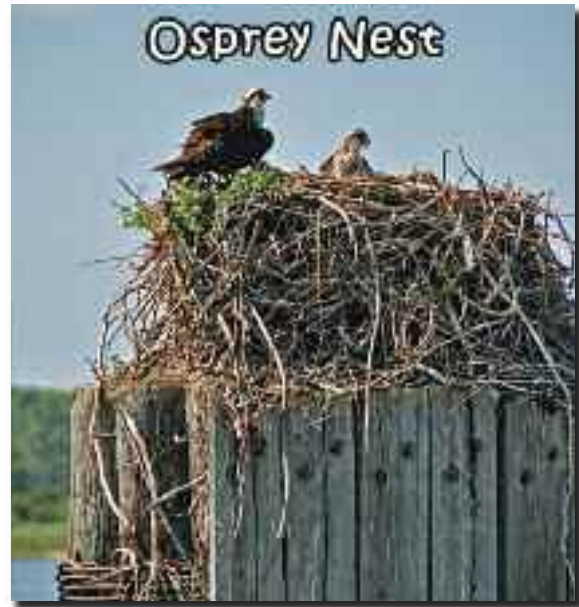


The area west of the Atlantic Coastal Plains is the Piedmont Plateau. This area is at a higher elevation. The Piedmont Plateau extends from Pennsylvania south to Georgia. The Piedmont Plateau has **fertile** soil which makes it good for farming. The cities of Philadelphia, Baltimore, and Washington, D.C. are located on the line between the coastal plain and the Piedmont Plateau.

Extending upward from the Piedmont Plateau is the Appalachian Highland. The Appalachian Mountains extend along the eastern edge of the United States. The Catskill Mountains in New York and the Allegheny Mountains in Pennsylvania are part of the Appalachian Mountains.

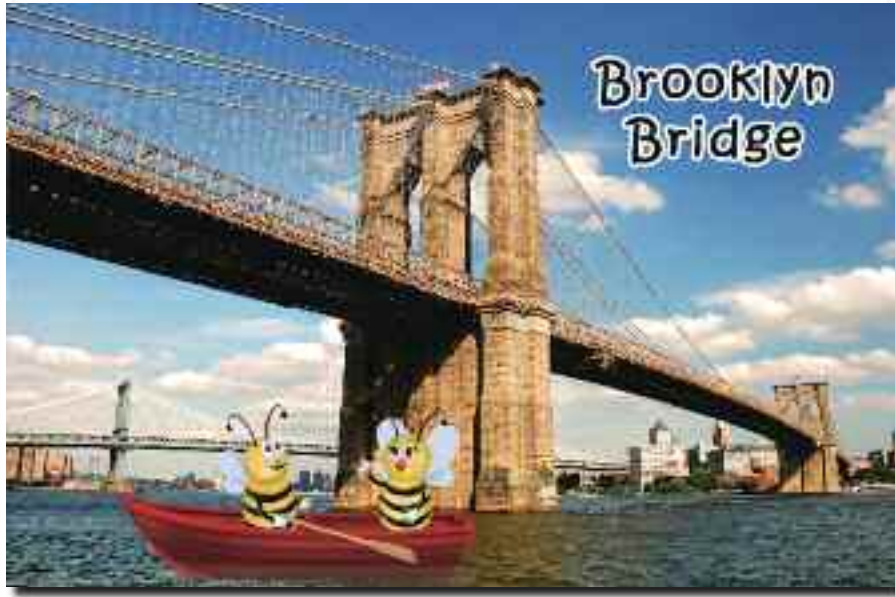


The Chesapeake Bay plays a major role in the geography of the region. The Chesapeake Bay is about 200 miles long. Virginia and Maryland surround the bay. The Chesapeake Bay serves as a transition area between the ocean and the rivers. Over 150 rivers drain into the Chesapeake Bay. The first settlers lived in the area around the bay. An **abundance** of plants and wildlife including deer, oysters, and trees can be found in the area. The settlers sailed their ships up the bay. Today the Chesapeake Bay continues to serve the region as a waterway. Unfortunately pollution has destroyed parts of the bay. Efforts are underway to **preserve** the plants and animals that live in the region.



Another unique land feature of the area is Long Island. The island is located off the coast of New York State. Long Island is the largest island in the **contiguous** United States. It is a bit smaller than the state of Rhode Island. Part of New York City is located on the island. Bridges and tunnels connect Long Island to the mainland. The most famous of these is the Brooklyn Bridge which opened in 1883.





Multiple Choice: fill in the correct answer.

1.11 This Mid-Atlantic region is good for farming.

---

- a. Atlantic Coastal Plains      b. Piedmont Plateau
- c. Appalachian Highlands

1.12 This is a sandy, swampy area in the region.

---

- a. Atlantic Coastal Plains      b. Piedmont Plateau
- c. Appalachian Highlands

1.13 The Catskill Mountains are part of this.

---

- a. Atlantic Coastal Plains      b. Piedmont Plateau
- c. Appalachian Highlands

## Multiple Choice continued.

1.14 The entire state of Delaware is part of this region.

- 
- a. Atlantic Coastal Plains    b. Piedmont Plateau  
c. Appalachian Highlands

1.15 The largest island in the contiguous U.S. is

- 
- a. Long Island    b. Fire Island    c. Rhode Island

1.16 About \_\_\_\_\_ rivers flow into the Chesapeake Bay.

- a. 100    b. 150    c. 200



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## WEATHER

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Like the New England states to the north, the Mid-Atlantic region has four seasons. The summers are warm and humid. Summer thunderstorms are frequent in the region. An average of 3 to 4 inches of rain falls during the month of July. The rain provides much-needed moisture for the plants during the hot summer months.

Mid-Atlantic winters are cold and snowy. Weather



systems from the west bring snow and cold to the region. The coldest temperature in the region was recorded at Old Forge, New York on February 18, 1979. It was  $-52^{\circ}\text{F}$ . An average of 3 to 4 inches of snow falls in the Mid-Atlantic region during the month of January. You may notice that this is the same amount of moisture that falls as rain during the month of July!

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**True/False: circle the correct answer.**



- 1.17 The Mid-Atlantic region has four seasons. T F
- 1.18 The coldest temperature in New York State was  $-5^{\circ}\text{F}$ . T F
- 1.19 The average amount of moisture that falls in the region is the same in January and July. T F

Teacher check \_\_\_\_\_

Initial

Date





Time to study and review for Self Test 1.

*Review  
Vocabulary  
Words!*



*Know  
Geographical  
Features!*

**Study State Capitals!**

For this Self Test, study what you have read and done.  
The Self Test will check what you remember.

## SELF TEST I



Matching: match the state with its capital.

- |      |              |   |               |
|------|--------------|---|---------------|
| 1.01 | New York     | ● | a. Harrisburg |
| 1.02 | Pennsylvania | ● | b. Dover      |
| 1.03 | New Jersey   | ● | c. Albany     |
| 1.04 | Maryland     | ● | d. Annapolis  |
| 1.05 | Delaware     | ● | e. Trenton    |



True/False: circle the correct answer.

- |       |   |   |   |
|-------|---|---|---|
| 1.06  | Many of the first settlers lived along the Chesapeake Bay.                    | T | F |
| 1.07  | The Brooklyn Bridge connects Long Island with the state of New York.          | T | F |
| 1.08  | Mid-Atlantic winters are mild and dry.  | T | F |
| 1.09  | The Catskill Mountains are part of the Piedmont Plateau.                      | T | F |
| 1.010 | The Great Lakes of Michigan and Superior are part of the Mid-Atlantic region. | T | F |

Fill in the Blank. Use the words from the word bank.



fertile  
sandy

highest

largest

rivers

I.011 The Piedmont Plateau has \_\_\_\_\_ soil.

I.012 Many \_\_\_\_\_ flow into the Chesapeake Bay.

I.013 The Atlantic Coastal Plains have \_\_\_\_\_ soil.

I.014 Long Island is the \_\_\_\_\_ island in the contiguous U.S.

I.015 The Appalachian highlands are the \_\_\_\_\_ location in the Mid-Atlantic region.

Teacher check \_\_\_\_\_  
Initial Date



12/15

Each question is worth one point. The passing grade for Self Test I is shown in the box to the left. Write your score in the box to the right. How did you do?

